

# Skriešanas seriāls SIGULDAS APĻI 2016

## Kross 1. kāрта

Grupa	Nu-murs	Uzvārds, vārds	Dis-tance	Apļi	1. aplis	2. aplis	3. aplis	4. aplis	5. aplis	6. aplis	7. aplis	8. aplis	9. aplis	10. aplis	11. aplis	12. aplis	13. aplis	14. aplis	15. aplis	16. aplis
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### 1ujS30

101	UŠKENIKA Dace	60min	6	10:06,9	20:17,4	30:20,0	40:20,0	50:21,9	59:48,4											
104	KĻAVIŅA Jolanta	60min	5	10:34,8	21:11,2	32:06,8	43:27,0	54:19,1												
103	MARCINKEVIČA Kristīne	60min	5	10:35,1	21:13,2	31:37,3	42:56,4	53:58,3												
102	PLAVINSKA Evija	60min	5	10:34,4	21:11,0	32:06,9	43:27,0	54:19,5												

### 1ujS40

106	BROKA Iveta	60min	6	10:02,1	20:03,0	30:01,0	39:53,0	49:45,0	59:35,2											
105	SIRMĀ Inese	60min	6	08:59,5	18:10,2	27:21,7	36:34,9	45:38,0	54:41,5											
129	BĒRZE Zane	60min	5	10:34,7	21:02,8	31:36,0	42:09,3	52:20,2												

### 1ujV25

150	TREIJS Kristis Roberts	60min	3	08:55,2	18:42,3	26:40,9														
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### 1ujV30

107	TREIJS Roberts	60min	6	08:50,3	17:40,4	26:35,0	35:30,0	44:18,1	53:11,5											
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### 1ujV40

240	SIRMAIS Kaspars	60min	6	08:30,0	17:30,0	26:06,4	35:03,4	44:11,3	53:11,9											
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### 1ujV60

209	BAUMANIS Zigfrīds	60min	5	10:27,0	20:40,0	31:35,5	42:55,0	54:40,0												
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### S6

134	RĀCENE Sāra	10min	8	01:09,4	02:16,9	03:24,0	04:34,2	05:48,8	06:53,2	08:11,4	09:30,0									
221	VĪKSNE Keciņa	10min	8	00:53,1	01:53,7	03:01,0	04:07,9	05:13,4	06:34,2	07:43,9	08:56,0									
218	CVETKOVA Kate	10min	7	01:02,9	02:23,2	03:38,0	05:08,0	06:39,0	08:17,1	09:35,7										
133	ROZENBERGA Anna	10min	7	01:15,2	02:44,9	04:21,7	05:55,6	07:28,5	08:42,7	09:02,7										
131	TAURĪŅA Dārta	10min	7	01:05,2	02:11,6	03:26,7	04:53,1	06:31,8	08:20,6	09:58,7										
198	CIAGUNE Maija	10min	6	01:19,7	02:50,0	04:13,4	05:40,0	07:20,3	08:50,0											
136	FREIMANE Alise	10min	5	01:28,0	03:16,3	05:03,5	06:59,9	09:20,1												
135	PUKĪTE Terēze	10min	5	01:19,3	02:45,8	04:25,0	06:49,3	09:08,5												
233	MELDERE Līva	10min	2	03:41,8	08:32,2															

### S8

229	AMERIKA Grieta	15min	15	00:46,5	01:40,1	02:40,0	03:45,0	04:52,9	05:57,5	07:02,0	08:09,5	09:19,0	10:30,0	11:45,0	12:50,0	13:02,2	14:01,1	15:00,0		
225	ANDŽĀNE Marta	15min	15	01:00,0	02:07,1	03:07,0	04:07,0	05:07,0	06:07,0	07:07,0	08:08,0	09:09,5	10:14,8	11:15,0	12:18,5	13:17,0	14:16,1	15:00,0		
199	CIAGUNE Heidija	15min	15	00:47,5	01:47,6	02:46,5	03:51,0	04:45,0	05:50,0	06:45,0	07:43,0	08:43,0	09:41,0	10:45,0	11:43,0	12:40,0	13:37,6	14:36,3		
214	LĪPACE Lote	15min	13	00:58,9	02:05,0	03:16,4	04:25,0	05:35,0	06:45,0	08:00,0	09:10,0	10:30,0	11:35,0	12:45,0	13:50,0	14:58,0				
138	TAURĪŅA Elita	15min	13	01:47,7	02:50,1	03:54,5	05:00,2	06:05,0	07:10,0	08:13,0	09:18,0	10:27,5	11:37,5	12:44,3	13:52,5	14:51,9				
140	BAUMANE Sabīne	15min	12	00:50,6	01:47,0	03:08,4	04:12,0	05:14,0	06:20,0	07:24,0	08:29,2	09:34,0	10:40,0	11:48,5	13:09,5					

Grupa	Nu-murs	Uzvārds, vārds	Dis-tance	Aplī	1. aplis	2. aplis	3. aplis	4. aplis	5. aplis	6. aplis	7. aplis	8. aplis	9. aplis	10. aplis	11. aplis	12. aplis	13. aplis	14. aplis	15. aplis	16. aplis
	132	ROZENBERGA Liene	15min	8	01:02,8	02:05,6	03:20,6	04:32,0	05:51,2	07:10,6	08:32,0	09:57,9								

#### S10

197	CIAGUNE Laura	30min	5	05:41,5	11:37,3	17:26,3	23:20,0	29:51,0												
205	BALANASA Adele	30min	4	07:27,9	15:00,0	22:38,6	29:53,0													
222	BERGMANE Katrīna	30min	4	06:50,0	14:09,2	21:42,5	28:07,5													
202	BUNDE Nikola	30min	4	06:09,6	13:15,0	20:27,0	27:17,1													
213	LĪPACE Līva	30min	4	06:40,3	13:45,7	21:10,0	28:06,0													
114	NEIMANE Dārta	30min	4	05:37,5	11:32,4	17:55,4	24:25,0													
112	PUKĪTE Estere	30min	4	07:01,3	14:30,4	22:04,9	29:57,9													
109	SAĻŅIKOVA Elza	30min	4	05:53,0	12:01,0	17:59,1	25:32,5													
108	SAĻŅIKOVA Frīda	30min	4	06:15,6	14:10,1	22:48,0	29:57,3													
206	ZELTIŅA Keta Keita	30min	4	05:53,0	11:34,2	17:43,1	24:16,1													
242	EGLE Laura	30min	3	07:13,8	15:34,0	23:47,4														
232	GRĪNBERGA Emīlija	30min	3	07:38,8	15:58,1	25:10,0														
139	PUTNIŅA Jasmina	30min	3	06:08,4	14:35,3	23:32,6														
111	REIZNIECE Anna	30min	3	08:48,9	19:30,5	29:47,1														
110	ROZENBAHA Ketlīna	30min	3	07:28,0	15:37,2	23:46,3														
117	BRAČKA Sofija	30min	2	09:47,4	20:20,9															
113	OZOLA Eva	30min	2	14:40,7	22:35,7															
116	CEPLE Meldra	30min																		
115	LUCĀNE Grieta	30min																		

#### S12

189	MEISTERE Rūta	30min	4	06:40,6	12:50,0	19:50,0	28:05,9													
207	SILDARE Annija	30min	4	06:42,9	14:17,8	21:10,0	29:00,0													
118	GAILITE Dzulija	30min	3	07:45,3	16:13,9	23:14,7														

#### S14

208	BRUNERE Kristīne	30min	5	05:05,1	10:58,9	17:02,0	23:10,1	28:40,0												
203	GAILE Līna	30min	5	05:10,0	11:20,0	17:06,4	23:20,0	28:20,0												
120	LEŠINSKA Elza	30min	5	05:05,1	10:45,0	16:53,5	23:50,5	29:54,4												
220	VĪKSNE Estere	30min	5	04:50,0	10:05,0	15:40,3	21:33,7	27:30,0												
241	KNOKA Katrīna	30min	4	07:18,1	14:47,0	21:20,0	28:04,1													
121	LUCĀNE Paula	30min	4	07:22,3	15:26,9	22:58,5	29:36,0													
119	OLIŅA Līva	30min																		

#### S16

243	RULLE-TITAVA Kitija	60min	8	07:06,0	14:50,0	21:05,0	28:40,0	36:20,0	44:09,0	51:50,0	59:20,0									
190	GLADKOVA Andželika	60min	7	08:00,0	15:53,2	24:32,2	33:49,8	42:30,0	50:20,0	59:18,3										
122	GRAUDA Una	60min	5	07:16,6	15:43,8	26:37,0	39:35,8	50:57,1												

#### S20

124	BĒRZIŅA Lelde	60min	8	06:33,8	12:58,2	20:12,7	27:25,7	34:30,8	41:52,5	49:23,5	56:53,2									
123	TAURIŅA Ieva	60min	6	07:28,6	15:26,0	23:48,2	32:20,8	41:31,5	50:30,6											

#### S30



Grupa	Nu-murs	Uzvārds, vārds	Dis-tance	Aplī	1. aplis	2. aplis	3. aplis	4. aplis	5. aplis	6. aplis	7. aplis	8. aplis	9. aplis	10. aplis	11. aplis	12. aplis	13. aplis	14. aplis	15. aplis	16. aplis
	236	KALNIŅŠ Dāvis	30min	4	06:42,3	14:01,8	21:18,7	28:01,7												
	235	KĻAVIŅŠ Nauris	30min	4	06:23,2	13:44,0	21:09,1	28:00,9												
	145	LAZDĀNS Roberts	30min	4	06:33,8	13:47,4	21:21,8	28:55,5												
	237	MOROZOVS Nikita	30min	4	05:44,1	11:40,0	17:32,0	26:24,6												
	144	PAIO Kristaps	30min	4	06:27,2	13:51,5	22:04,5	29:49,1												
	147	ŠVARCKOPFS Rodrigo	30min	4	06:18,1	12:52,3	19:20,0	26:30,0												
	194	TAUBERS Žaks	30min	4	05:49,6	12:43,2	19:50,0	27:07,3												
	219	BALANASS Toms	30min	3	09:37,2	19:00,0	29:58,0													
	149	BOBROVSKIS Reinis Jānis	30min	3	08:02,0	16:56,6	26:08,3													
	216	LEBEDOKS Aksels	30min	3	08:00,0	16:22,5	25:05,5													
	143	PRANCĀNS Pauls Pēteris	30min	3	07:04,3	15:02,4	22:32,0													
	223	VILKĀJS Emīls	30min	3	08:06,2	17:15,9	26:59,3													
	187	LABSVĪRS Artis	30min	2	08:32,4	19:47,5														
	193	LIPSKIS Ernests	30min	2	08:32,3	19:47,5														

#### V12

	158	AUZIŅŠ Gustavs	30min	5	04:59,6	10:14,8	15:01,0	21:15,7	26:30,0												
	157	FILIPPOVS Matiss Oto	30min	5	05:05,2	11:05,3	17:02,2	23:10,4	29:25,0												
	217	KRAVALIS Jānis	30min	5	05:00,0	10:01,9	15:35,0	21:40,0	27:20,0												
	250	ANSPOKS Līnards	30min	4	05:42,3	11:32,8	17:34,5	23:52,0													
	224	CELMIŅŠ Roberts	30min	4	06:10,0	12:42,2	19:00,0	26:29,3													
	155	NEIMANIS Edvards	30min	4	05:49,3	13:41,9	20:15,0	28:30,0													
	153	OZOLS Uldis	30min	4	06:15,6	12:00,0	18:08,7	23:20,0													
	151	STRAZDIŅŠ Dāvis	30min	4	05:45,7	12:18,7	18:20,0	26:25,3													
	230	AMERIĶS Gustavs	30min	3	06:38,6	14:56,4	24:16,1														
	156	KALNIŅŠ Daniels	30min	3	06:38,4	14:56,2	24:15,9														
	154	OLIŅŠ Pauls	30min	3	07:50,7	15:27,1	23:40,0														
	152	PRIEDĪTIS Ralfs Tomass	30min	3	07:20,0	15:47,4	24:58,5														
	192	SOSTE Markuss	30min	3	07:32,0	15:40,8	24:16,0														

#### V14

	162	AUZIŅŠ Mārtiņš	30min	5	05:06,0	10:08,0	15:13,0	20:32,0	26:02,8												
	159	SUHĀNOVS Sandijs	30min	5	05:30,0	11:20,0	16:50,0	23:00,0	28:16,6												
	212	CERIŅŠ Matīss	30min	4	06:41,3	12:51,3	20:02,8	27:24,2													
	249	LIEPA Kristaps	30min	4	06:17,1	12:56,7	19:40,0	26:58,2													
	188	PETROVSKIS Edvards	30min	4	06:40,4	12:50,6	19:50,0	27:20,0													
	160	SIRMAIS Rūdolfs	30min	4	06:30,0	13:21,5	20:19,1	27:17,2													
	161	LIEPA Kristaps	30min																		

#### V16

	167	IĻJINS Daniels	60min	11	04:57,0	10:03,2	15:08,5	20:24,2	25:52,3	31:29,2	37:04,0	42:10,0	48:37,4	53:52,0	59:06,6						
	166	LIEPA Kristofers	60min	8	06:14,3	12:30,0	19:15,0	26:15,0	33:35,0	41:10,0	48:05,0	55:21,0									
	165	MAĻINOVSKIS Tomass	60min	8	06:21,0	12:50,3	19:26,0	25:55,3	33:10,0	40:23,0	47:46,9	55:06,3									
	164	ZVAIGZNE Raivo	60min	8	06:20,0	12:51,5	19:31,0	26:31,3	33:21,0	40:31,0	47:21,0	55:06,0									

#### V20

	215	MELECIS Endijs	60min	10	05:30,0	10:58,7	16:43,0	22:36,1	28:00,0	34:07,4	39:30,0	45:33,9	51:21,0	57:00,0							
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