

# Skriešanas seriāls SIGULDAS APĻI 2017

## Kross 3. kārtā

| Grupa | Nu-murs | Uzvārds, vārds | Dis-tance | Apļi | 1. aplis | 2. aplis | 3. aplis | 4. aplis | 5. aplis | 6. aplis | 7. aplis | 8. aplis | 9. aplis | 10. aplis | 11. aplis | 12. aplis | 13. aplis | 14. aplis | 15. aplis |
|-------|---------|----------------|-----------|------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-----------|-----------|-----------|-----------|-----------|-----------|
|-------|---------|----------------|-----------|------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-----------|-----------|-----------|-----------|-----------|-----------|

### Nūjošana S30

|   |                       |       |   |         |         |         |         |         |         |
|---|-----------------------|-------|---|---------|---------|---------|---------|---------|---------|
| 3 | MARCINKEVIČA Kristīne | 60min | 6 | 09:38,4 | 19:28,7 | 29:06,9 | 38:41,3 | 48:17,0 | 57:58,4 |
|---|-----------------------|-------|---|---------|---------|---------|---------|---------|---------|

### Nūjošana S40

|     |                 |       |   |         |         |         |         |         |         |
|-----|-----------------|-------|---|---------|---------|---------|---------|---------|---------|
| 75  | KAULIŅA Inese   | 60min | 6 | 09:25,1 | 18:51,9 | 28:21,6 | 37:47,7 | 47:10,8 | 56:36,2 |
| 18  | SIRMĀ Inese     | 60min | 6 | 08:56,1 | 18:04,5 | 27:20,5 | 36:41,6 | 46:20,5 | 55:39,3 |
| 142 | AUGSTKALNE Ilze | 60min | 6 | 09:22,2 | 18:48,6 | 28:18,0 | 37:45,9 | 47:11,0 | 56:24,8 |

### Nūjošana V25

|    |                 |       |   |         |         |         |         |         |         |
|----|-----------------|-------|---|---------|---------|---------|---------|---------|---------|
| 74 | SIRMAIS Rūdolfs | 60min | 6 | 08:56,9 | 18:10,9 | 27:21,7 | 36:42,7 | 46:21,9 | 55:47,5 |
|----|-----------------|-------|---|---------|---------|---------|---------|---------|---------|

### Nūjošana V40

|     |                 |       |   |         |         |         |         |         |         |
|-----|-----------------|-------|---|---------|---------|---------|---------|---------|---------|
| 119 | SIRMAIS Kaspars | 60min | 6 | 08:55,6 | 18:10,1 | 27:15,7 | 36:18,4 | 45:08,6 | 54:23,3 |
|-----|-----------------|-------|---|---------|---------|---------|---------|---------|---------|

### Nūjošana V60

|    |                |       |   |         |         |         |         |         |         |
|----|----------------|-------|---|---------|---------|---------|---------|---------|---------|
| 76 | NEILANDS Uldis | 60min | 6 | 09:38,5 | 19:29,2 | 29:18,1 | 39:03,5 | 48:33,7 | 57:57,4 |
|----|----------------|-------|---|---------|---------|---------|---------|---------|---------|

### Skriešana S10

|     |                |       |   |         |         |         |
|-----|----------------|-------|---|---------|---------|---------|
| 105 | JANSONE Estere | 30min | 3 | 07:10,6 | 15:20,5 | 23:58,0 |
|-----|----------------|-------|---|---------|---------|---------|

### Skriešana S10

|     |                    |       |   |         |         |         |         |         |
|-----|--------------------|-------|---|---------|---------|---------|---------|---------|
| 41  | NEIMANE Dārta      | 30min | 5 | 05:24,7 | 11:39,5 | 17:47,0 | 23:43,4 | 29:30,2 |
| 106 | JANSONE Karla      | 30min | 4 | 07:15,6 | 15:06,8 | 22:32,3 | 28:54,3 |         |
| 2   | MARCINKEVIČA Keita | 30min | 4 | 05:57,3 | 12:26,8 | 18:32,8 | 24:41,6 |         |
| 73  | NOVICĀNE Kate      | 30min | 4 | 06:25,3 | 13:01,4 | 20:25,7 | 27:45,7 |         |
| 65  | TAURIŅA Elita      | 30min | 4 | 07:14,7 | 14:57,0 | 22:19,2 | 28:41,9 |         |
| 13  | GAILE Lote Lea     | 30min | 3 | 07:15,9 | 14:42,8 | 22:11,6 |         |         |

### Skriešana S12

|     |                    |       |   |         |         |         |         |         |
|-----|--------------------|-------|---|---------|---------|---------|---------|---------|
| 102 | SAĻŅIKOVA Elza     | 30min | 5 | 05:24,7 | 11:39,7 | 17:47,3 | 23:43,4 | 29:19,9 |
| 173 | GRAUDA Eva         | 30min | 4 | 07:18,9 | 15:09,0 | 22:56,6 | 29:11,5 |         |
| 113 | GRĪNBRGA Emīlija   | 30min | 4 | 07:00,9 | 14:20,3 | 21:57,0 | 28:43,5 |         |
| 162 | KRUTKĒVIČA Emīlija | 30min | 4 | 06:14,0 | 14:48,5 | 22:49,1 | 29:21,9 |         |
| 7   | PĀĶE Lelde         | 30min | 4 | 06:01,8 | 12:41,6 | 19:26,2 | 25:40,7 |         |



| Grupa | Nu-murs | Uzvārds, vārds      | Dis-tance | Aplī | 1. aplis | 2. aplis | 3. aplis | 4. aplis | 5. aplis | 6. aplis | 7. aplis | 8. aplis | 9. aplis | 10. aplis | 11. aplis | 12. aplis | 13. aplis | 14. aplis | 15. aplis |
|-------|---------|---------------------|-----------|------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-----------|-----------|-----------|-----------|-----------|-----------|
|       | 132     | KRŪMIŅA Marta Luīza | 10min     | 6    | 01:19,8  | 02:48,5  | 04:31,8  | 06:11,8  | 07:36,0  | 09:05,7  |          |          |          |           |           |           |           |           |           |
|       | 79      | MARCINKEVIČA Ieva   | 10min     | 5    | 01:40,4  | 03:30,2  | 05:22,3  | 07:18,5  | 09:22,7  |          |          |          |          |           |           |           |           |           |           |
|       | 108     | MELDERE Līva        | 10min     | 4    | 01:31,3  | 04:16,0  | 07:11,2  | 09:03,5  |          |          |          |          |          |           |           |           |           |           |           |

#### Skriešana S8

|     |                   |       |    |         |         |         |         |         |         |         |         |         |         |         |         |         |         |  |  |
|-----|-------------------|-------|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|--|--|
| 47  | BUTLERE Anna      | 15min | 14 | 00:51,7 | 01:53,8 | 02:56,8 | 04:05,1 | 05:10,5 | 06:17,7 | 07:22,6 | 08:29,1 | 09:34,8 | 10:37,2 | 11:45,2 | 12:48,6 | 13:52,1 | 14:55,1 |  |  |
| 6   | PĀĶE Madara       | 15min | 14 | 01:04,8 | 02:10,2 | 03:16,1 | 04:20,3 | 05:25,4 | 06:28,1 | 07:32,8 | 08:37,6 | 09:42,1 | 10:46,1 | 11:47,4 | 12:45,3 | 13:42,9 | 14:38,8 |  |  |
| 174 | ZAVICKA Patrīcija |       | 14 | 00:57,6 | 01:55,9 | 02:55,9 | 03:58,5 | 04:59,4 | 06:08,0 | 07:06,3 | 08:13,3 | 09:23,2 | 10:31,4 | 11:40,0 | 12:49,6 | 14:02,9 | 15:01,9 |  |  |
| 100 | MĀLNIECE Paula    | 15min | 10 | 00:54,3 | 02:06,4 | 03:24,8 | 04:41,1 | 05:59,0 | 07:10,1 | 08:24,9 | 09:39,3 | 11:08,0 | 12:20,6 |         |         |         |         |  |  |
| 168 | ROHTLA Estere     | 15min | 10 | 01:03,9 | 02:44,6 | 04:17,2 | 05:56,5 | 07:21,2 | 09:02,0 | 10:02,3 | 11:47,8 | 13:05,6 | 14:36,3 |         |         |         |         |  |  |
| 167 | FREIMANE Alise    | 15min | 9  | 01:02,3 | 02:44,6 | 04:17,1 | 06:13,2 | 07:47,4 | 09:19,3 | 10:56,0 | 12:23,7 | 14:00,1 |         |         |         |         |         |  |  |

#### Skriešana V10

|     |                   |       |   |         |         |         |         |         |  |  |  |  |  |  |  |  |  |  |  |
|-----|-------------------|-------|---|---------|---------|---------|---------|---------|--|--|--|--|--|--|--|--|--|--|--|
| 39  | BILĀNS Bruno      | 30min | 5 | 05:37,3 | 11:35,1 | 17:32,9 | 23:40,2 | 29:23,2 |  |  |  |  |  |  |  |  |  |  |  |
| 28  | BŪDA Roberts      | 30min | 4 | 05:47,2 | 12:07,5 | 18:32,4 | 25:02,3 |         |  |  |  |  |  |  |  |  |  |  |  |
| 95  | KALNIŅŠ Dāvis     | 30min | 4 | 05:46,7 | 11:49,1 | 17:43,8 | 24:27,4 |         |  |  |  |  |  |  |  |  |  |  |  |
| 27  | PAIO Kristaps     | 30min | 4 | 06:01,5 | 13:33,7 | 20:48,9 | 27:29,4 |         |  |  |  |  |  |  |  |  |  |  |  |
| 12  | PUŠŅINS Arno      | 30min | 4 | 05:45,7 | 11:49,1 | 17:48,5 | 24:17,0 |         |  |  |  |  |  |  |  |  |  |  |  |
| 40  | JERMACĀNS Roberts | 30min | 3 | 07:46,3 | 16:13,1 | 24:17,8 |         |         |  |  |  |  |  |  |  |  |  |  |  |
| 159 | DORINŠ Kārlis     | 30min | 2 | 08:06,8 | 17:23,7 |         |         |         |  |  |  |  |  |  |  |  |  |  |  |

#### Skriešana V12

|     |                         |       |   |         |         |         |         |         |  |  |  |  |  |  |  |  |  |  |  |
|-----|-------------------------|-------|---|---------|---------|---------|---------|---------|--|--|--|--|--|--|--|--|--|--|--|
| 11  | PUŠŅINS Lukass          | 30min | 5 | 04:48,2 | 10:09,1 | 15:49,3 | 21:44,8 | 27:32,9 |  |  |  |  |  |  |  |  |  |  |  |
| 164 | MARCINKĒVIČS Jānis      | 30min | 4 | 05:56,5 | 12:27,0 | 20:21,3 | 28:40,9 |         |  |  |  |  |  |  |  |  |  |  |  |
| 30  | BOBROVSKIS Reinis Jānis | 30min | 3 | 07:21,5 | 15:57,4 | 25:26,5 |         |         |  |  |  |  |  |  |  |  |  |  |  |
| 165 | GULBIS Teodors          | 30min | 3 | 07:45,5 | 17:13,7 | 25:13,6 |         |         |  |  |  |  |  |  |  |  |  |  |  |

#### Skriešana V14

|    |                      |       |   |         |         |         |         |         |  |  |  |  |  |  |  |  |  |  |  |
|----|----------------------|-------|---|---------|---------|---------|---------|---------|--|--|--|--|--|--|--|--|--|--|--|
| 31 | FILIPPOVS Matīss Oto | 30min | 5 | 04:39,9 | 09:50,5 | 15:06,8 | 20:36,5 | 25:53,7 |  |  |  |  |  |  |  |  |  |  |  |
| 42 | NEIMANIS Edvards     | 30min | 3 | 08:10,9 | 16:30,0 | 24:08,9 |         |         |  |  |  |  |  |  |  |  |  |  |  |

#### Skriešana V30

|     |                |       |    |         |         |         |         |         |         |         |         |         |         |         |         |         |  |  |  |
|-----|----------------|-------|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|--|--|--|
| 169 | KĻAVIŅŠ Uldis  | 60min | 13 | 04:26,4 | 08:51,1 | 13:18,4 | 17:47,5 | 22:14,8 | 26:40,0 | 31:07,9 | 35:39,3 | 40:12,9 | 44:44,6 | 49:14,1 | 53:44,5 | 58:11,2 |  |  |  |
| 53  | KALNIŅŠ Andris | 60min | 9  | 06:04,3 | 12:11,5 | 18:24,0 | 24:44,4 | 31:12,6 | 37:42,2 | 44:23,2 | 50:51,3 | 56:54,9 |         |         |         |         |  |  |  |
| 157 | RĪTS Aivars    | 60min | 8  | 06:17,9 | 13:21,5 | 20:25,3 | 27:43,4 | 35:51,7 | 43:55,2 | 51:44,5 | 58:37,0 |         |         |         |         |         |  |  |  |

#### Skriešana V40

|   |               |       |    |         |         |         |         |         |         |         |         |         |         |         |  |  |  |  |  |
|---|---------------|-------|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|--|--|--|--|--|
| 9 | PĀĶIS Eduards | 60min | 11 | 04:56,9 | 10:02,7 | 15:16,1 | 20:31,4 | 25:54,8 | 31:16,7 | 36:39,7 | 42:03,4 | 47:33,2 | 53:03,1 | 58:14,5 |  |  |  |  |  |
|---|---------------|-------|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|--|--|--|--|--|

| Grupa | Nu-murs | Uzvārds, vārds | Dis-tance | Aplī | 1. aplis | 2. aplis | 3. aplis | 4. aplis | 5. aplis | 6. aplis | 7. aplis | 8. aplis | 9. aplis | 10. aplis | 11. aplis | 12. aplis | 13. aplis | 14. aplis | 15. aplis |
|-------|---------|----------------|-----------|------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-----------|-----------|-----------|-----------|-----------|-----------|
|       | 14      | GAILIS Dainis  | 60min     | 5    | 06:51,5  | 13:31,0  | 20:04,5  | 26:30,4  | 33:05,7  |          |          |          |          |           |           |           |           |           |           |

#### Skriešana V6

|     |                    |       |    |         |         |         |         |         |         |         |         |         |         |  |  |  |  |  |  |
|-----|--------------------|-------|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|--|--|--|--|--|--|
| 116 | CIAGUNS Patriks    | 10min | 10 | 00:59,3 | 02:03,5 | 03:05,9 | 04:09,2 | 05:14,9 | 06:18,1 | 07:22,1 | 08:17,8 | 09:06,1 | 09:57,1 |  |  |  |  |  |  |
| 70  | FELDMANIS Roberts  | 10min | 9  | 00:58,2 | 02:03,3 | 03:10,4 | 04:19,3 | 05:24,2 | 06:32,6 | 07:41,8 | 08:44,4 | 09:43,4 |         |  |  |  |  |  |  |
| 16  | ZAKSS Svens        | 10min | 9  | 00:51,1 | 01:51,8 | 02:53,7 | 03:58,6 | 05:03,1 | 06:07,2 | 07:11,7 | 08:14,3 | 09:10,3 |         |  |  |  |  |  |  |
| 127 | BRAČKA Kārlis      | 10min | 8  | 00:48,9 | 01:51,2 | 03:04,8 | 04:14,5 | 05:34,8 | 06:57,4 | 08:10,2 | 09:21,5 |         |         |  |  |  |  |  |  |
| 112 | GRĪNBERGS Oliveris | 10min | 8  | 01:02,0 | 02:08,8 | 03:16,1 | 04:28,7 | 05:41,1 | 06:53,6 | 08:18,0 | 09:30,2 |         |         |  |  |  |  |  |  |
| 62  | BEINERTS Alberts   | 10min | 7  | 01:04,6 | 02:24,1 | 03:56,1 | 05:25,8 | 06:58,0 | 08:25,5 | 09:34,1 |         |         |         |  |  |  |  |  |  |
| 133 | JONINS Miķelis     | 10min | 7  | 01:04,9 | 02:15,1 | 03:24,2 | 05:02,7 | 06:43,0 | 08:21,8 | 09:29,3 |         |         |         |  |  |  |  |  |  |
| 155 | RĪTS Alberts       | 10min | 7  | 00:56,5 | 02:31,6 | 03:52,5 | 05:17,5 | 06:53,0 | 08:23,6 | 09:36,2 |         |         |         |  |  |  |  |  |  |

#### Skriešana V8

|     |                  |       |    |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |  |
|-----|------------------|-------|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|--|
| 37  | BILĀNS Leo       | 15min | 15 | 00:41,8 | 01:40,1 | 02:45,4 | 03:49,4 | 04:51,0 | 05:54,9 | 06:58,9 | 07:59,5 | 09:00,5 | 10:02,1 | 11:05,0 | 12:01,2 | 12:57,9 | 13:56,6 | 14:47,3 |  |
| 156 | LĪVMANIS Martins | 15min | 15 | 00:45,4 | 01:38,1 | 02:36,4 | 03:38,3 | 04:36,7 | 05:41,4 | 06:42,7 | 07:47,7 | 08:49,6 | 09:45,7 | 10:54,7 | 11:59,6 | 12:57,5 | 13:56,8 | 14:46,9 |  |
| 117 | NOVICĀNS Everts  | 15min | 15 | 00:58,1 | 01:55,6 | 02:54,6 | 03:51,8 | 04:50,8 | 05:52,9 | 06:56,0 | 07:56,3 | 08:59,2 | 09:54,1 | 11:02,2 | 12:00,6 | 12:57,3 | 13:55,8 | 14:46,6 |  |
| 138 | GARANČS Ralfs    | 15min | 14 | 00:45,3 | 01:45,3 | 02:49,9 | 03:52,5 | 05:01,7 | 06:09,0 | 07:15,8 | 08:18,2 | 09:17,8 | 10:20,4 | 11:23,6 | 12:22,2 | 13:21,5 | 14:18,1 |         |  |
| 63  | BEINERTS Davids  | 15min | 12 | 01:02,7 | 02:15,7 | 03:36,7 | 04:54,5 | 06:15,3 | 07:35,3 | 08:51,3 | 09:59,7 | 11:16,4 | 12:40,4 | 13:48,2 | 14:54,2 |         |         |         |  |
| 44  | ČODERS Kurts     | 15min | 12 | 00:58,1 | 02:12,3 | 03:37,7 | 04:43,5 | 06:03,8 | 07:10,6 | 08:34,3 | 09:47,4 | 10:59,3 | 12:08,8 | 13:16,5 | 14:22,6 |         |         |         |  |